

ALLERGY/IMMUNOLOGY | ENDOCRINOLOGY | GENERAL INTERNAL MEDICINE |
HEMATOLOGY/ONCOLOGY | HOSPITAL MEDICINE

2019 *Learning Together in the 21st Century*

PROGRESS



Educating health care providers together to improve interprofessional patient care.

**THURSDAY AND FRIDAY
SEPTEMBER 26-27, 2019**

GRADUATE IOWA CITY HOTEL
(Formerly the Sheraton)

210 S. Dubuque Street
Iowa City, Iowa

PURPOSE

Emphasizing the interprofessional team approach to patient care, this year's program combines annual internal medicine and pharmacy continuing education program into a single multi-track program offering plenary sessions, breakout sessions, and current hot topics in a combined interprofessional format.

PROVIDED BY:

University of Iowa Health Care Department of Internal Medicine, University of Iowa Roy J. and Lucille A. Carver College of Medicine, and The University of Iowa College of Pharmacy

This program meets the Iowa Board of Medicine requirement of two hours of category 1 credit regarding the United States Centers for Disease Control and Prevention (CDC) guideline for prescribing opioids for chronic pain.



College of
Pharmacy



Iowa
Chapter



CONFERENCE SCHEDULE

OBJECTIVES

Upon completion of this program the learner should be able to:

- Discuss the basic pathophysiology of various disease states including allergy, immunology, endocrinology, general internal medicine, hematology, oncology, and hospital medicine.
- Compare and contrast the safety and efficacy of treatment options available for various disease states.
- Develop an evidence-based treatment plan for various disease states based on recent clinical practice guidelines.
- Apply clinical reasoning skills and current treatment guidelines to a patient case.

Registration Fees

While registration is open until the start of the conference, we encourage early registration to enable us to provide the best possible service. All but \$50 of the fee is refundable if inability to attend is made known on or before September 12, 2019. Refunds will not be made after this date. **A late fee of \$75 will be added for all registrations made after September 12, 2019.**

All fees include registration, instruction and educational materials, CME and CE recording, continental breakfast, and refreshment breaks.

Continuing Education Credit

Physician: The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Iowa Carver College of Medicine designates this live activity for a maximum of 13.0 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Sept. 26: 6.75 *AMA PRA Category 1 Credits*[™]
Sept. 27: 6.25 *AMA PRA Category 1 Credits*[™]



ABIM MOC:

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 13.0 MOC points in the American Board of Internal Medicine's

(ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

This program meets the Iowa Board of Medicine requirement of two hours of category 1 credit regarding the United States Centers for Disease Control and Prevention (CDC) guideline for prescribing opioids for chronic pain.



Pharmacist: CEI is accredited by the Accreditation Council ^{*}for Pharmacy Education as a provider of continuing pharmacy education. Following completion of the online activity exam and evaluation (accessible at www.CEImpact.com via a CPE Access Code given at the end of each activity), participants will be able to access their CPE Statement of Credit on CPE Monitor, MyCPEMonitor.net. Up to 6.75 hrs./0.675 CEUs can be earned on Thursday, September 26 and up to 6.25 hrs./0.625 CEUs on Friday, September 27. For complete CPE information, please go to CEImpact.com.

Nurse Practitioner: 13.0 contact hours will be granted by University of Iowa Hospitals and Clinics Department of Nursing (IBN Approved Provider #34). Participants must attend the entire program to receive full credit. Questions concerning nursing credits should be directed to the Nursing Clinical Education Center at 319-356-4304.

Sept. 26: 6.75 Contact Hours

Sept. 27: 6.25 Contact Hours

Family Physician: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Syllabus Materials

Course syllabus materials will be emailed as a link to registered participants the week of the conference. Print copies of the syllabus will not be provided. You are encouraged to download or print materials you wish to use in advance. It is recommended to have a fully charged battery for laptops and tablets.

HOUSING AND PARKING

A limited number of rooms have been reserved at the Graduate Iowa City Hotel for September 25–28, 2019. Room rates are \$135 per night, excluding taxes. Registrants are responsible for making their own reservations and may do so by contacting the Graduate Iowa City Hotel at 319-337-4058. Please reference “Progress in Internal Medicine” to receive the special conference room rates. Rooms will be held in reserve until August 23, 2019.

Parking is available in the Dubuque Street garage adjacent to the hotel at prevailing rates. First hour is free, \$1 per hour for each additional hour. Additional parking is available in the Court Street Transportation Center or Capitol Street garage. For more information on parking go to: icgov.org/parkingmeters.

ACP

The ACP-Iowa Chapter Business Meeting, Vignette Finalists Competition, Awards Reception and Early Career Physicians Social will be held Thursday evening, Thursday, September 26, 2019. These events will begin at 5:00 p.m. in the E.W. Lehman Ballroom 1, Hotel Vetro. Hors d'oeuvres and a cash bar will be available.

There is no registration fee for ACP medical students, resident/fellow physicians to attend this meeting. However, online registration is required for the meeting and to reserve your hotel accommodation contact Jana Mishler. The deadline for registration is **Friday, August 23, 2019.**

If you are an ACP medical student, resident/fellow physician and require hotel accommodations, a block of rooms is reserved at the Graduate Iowa City Hotel until **Friday, August 23, 2019.** Contact Jana Mishler (Jana.Mishler@unitypoint.org) to make your reservation. All rooms in the block are equipped with two queen beds. The deadline for reserving a room is **Friday, August 23, 2019.**

SHM

The SHM Dinner, Chapter Awards, and Business Meeting will be held Thursday evening at 7:30 p.m. at the downtown Iowa City restaurant, One Twenty-Six, on the upper level. Dinner and beverages will be served at no charge. SHM membership is not required for attendance. Please RSVP when completing your registration.

There is no registration fee for SHM medical students and residents to attend this meeting. However, online registration is required. For information on how to register as an SHM student or resident, please contact Melinda-Johnson@uiowa.edu. The deadline for registration is **August 23, 2019.**

POSTER SESSION

A poster session will be held on Thursday from 11:45–1:15 p.m. in Hotel Vetro. Awards and prizes will be presented at 1:00 p.m. The overall winning poster will be awarded guaranteed acceptance to the National SHM meeting on April 15–18, 2020, in San Diego, CA. Details regarding abstract submission can be found at int-med.uiowa.edu/CME/SHM2019/.



Special Events: Hawkeye Football

The Iowa Hawkeyes will be playing Middle Tennessee State on Saturday, September 28. A block of tickets is being held for conference attendees and may be purchased online through the University of Iowa Athletic Ticket office. Contact the CME office at 319-335-8599 or Email cme@uiowa.edu for instructions on how to order tickets. All ticket inquiries must be directed to the Athletic Ticket Office at 1-800-IA-HAWKS. The CME Division does not place ticket orders and does not refund tickets.

THURSDAY, SEPT. 26, 2019

7:00 am

Registration and Continental Breakfast

7:45

Welcome and Announcements

8:00

Medical Cannabis: Essentials for Provider Knowledge and Action

Laura Borgelt, PharmD, FCCP, BCPS

9:00

Burnout & Resiliency in Healthcare

Jeffrey Wiese, MD, MHM, FACP

10:00 **Break**

10:15

Cardio-Oncology: Overview

Isabella Grumbach, MD, PhD

Kate Gaspar, PharmD, BCOP

11:00

What to do with the Patient Who’s Allergic to “Everything”

Amy Dowden, MD, MME

Deanna McDanel, PharmD, BCACP

11:45am - 1:15 pm

A. Lunch on your own

B. Poster Session – Awards will be given at approximately 1:00pm.

E.W. Lehman Ballroom

Hotel Vetro and Conference Center

1:15

Opioid Prescribing Part I

Lee Kral, PharmD, CPE

Andrea Weber, MD, MME

2:00 **Break**

2:15

CONCURRENT BREAKOUTS

A. Diabetes & Co-morbid Cardiovascular Disease: Medication Updates

Brian O’Neill, MD, PhD, FHRS

Kevin Schleich, PharmD

B. Opioid Prescribing Part II

Lee Kral, PharmD, CPE

Andrea Weber, MD, MME

C. Evaluation and Management of Obesity

Asma Al-Zougbi, MD

Jim Hoehns, PharmD, BCPS, FCCP

3:30 **Break**

3:45

CONCURRENT BREAKOUTS

A. Anxiety Management in the Palliative Patient

Arwa Aburizik, MD, MS

Kashelle Lockman, PharmD, MA

B. Health Care Disparities: The Role of Implicit Bias

Denise Martinez, MD

C. Intravenous Immunoglobulin for the Non-Immunologist

Mary Beth Fasano, MD, MSPH

Deanna McDanel, PharmD, BCACP

5:00 **Adjourn**

5:00

ACP Business Meeting, Vignette Finalists Competition, Awards Reception, and Early Career Physicians Social

E.W. Lehman Ballroom 1

Hotel Vetro and Conference Center

7:30

SHM Dinner, Chapter Awards, and Business Meeting

One Twenty-Six, Upper level, 126 E.

Washington Street

Determination of educational content for this program and the selection of speakers are responsibilities of the program director. Firms providing financial support did not have input in these areas.

DISCLOSURE POLICY: Everyone in a position to control the content of this educational activity will disclose to the CME provider and to attendees all relevant financial relationships with any commercial interest.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD), diversity@uiowa.edu.

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Continuing Medical Education Division in advance at 319-335-8599.

FRIDAY, SEPT. 27, 2019

MEDICINE CME Credit (No Pharmacy Credit)

7:15 am

Registration and Continental Breakfast

8:00

Welcome and Announcements

8:15

Updates in Breast Cancer

Sneha Phadke, DO

9:15

Updates in Osteoporosis: Focus on Fragility Fractures

Amal Shibli-Rahhal, MD

10:00 **Break**

10:15

Insulin Pumps: A Primer for Healthcare Providers

Rhonda Fruhling, ARNP

10:45

Alphabet Soup: ITP, TTP, HUS, HIP and Other Hematologic Conditions

Grerk Sutamtewagul, MD

11:45 **Lunch on your own**

1:00 pm

CONCURRENT BREAKOUTS

A. Urticaria and Mast Cell Activation Syndrome: An Overview

Benjamin Davis, MD, PhD

B. Joint Aspiration and Injection: Clinical Pearls and Best Practices

Brittany Bettendorf, MD

Bharat Kumar, MD, MME, FACP, RhMSUS

2:30 **Break**

2:45

CONCURRENT BREAKOUTS

A. Encountering Thyroid and Adrenal “Incidentalomas”

Amal Shibli-Rahhal, MD

B. Vaccines: Fact or Fiction?

TBA

4:15 **Adjourn**

FRIDAY, SEPT. 27, 2019

PHARMACY Pharmacy CE Credit (No CME)

7:15 am

Registration and Continental Breakfast

8:00

Welcome and Announcements

8:15

Keynote: Drug Formulation and Delivery System Updates: Implications for Practice

Nicole Brogden, PharmD, PhD

9:15

Getting into the Weeds: Medical Cannabis as a Medication

Laura Borgelt, PharmD, FCCP, BCPS

10:00 **Break**

10:15

UPDATES IN ONCOLOGY

Biosimilars in Oncology: What You Need to Know

Marie Shinkle, PharmD, BCOP, BCPPS, BCACP, BCPS

Updates in VTE Management in Oncology

Jill Stein, PharmD, BCOP

11:45 **Lunch on your own**

1:00 pm

UPDATES IN RHEUMATOLOGY, ALLERGY, IMMUNOLOGY

Health Management of a Rheumatology Patient

Jessica Lynton, PharmD, BCPS

Medication Induced Rheumatology Adverse Events

Emily Peterson, PharmD, BCACP

2:30 **Break**

2:45

UPDATES IN ENDOCRINOLOGY

2018 Lipid Guideline Update

Morgan Herring, PharmD, BCPS

Nutrition in Diabetes: A Primer for Pharmacists

Molly Webb, MS, RD, LD

4:15 **Adjourn**

PROGRAM FACULTY

UNIVERSITY OF IOWA FACULTY

DEPARTMENT OF INTERNAL MEDICINE CARVER COLLEGE OF MEDICINE

Arwa Aburizik, MD, MS
Clinical Assistant Professor
Division of Hematology,
Oncology, and Blood and
Marrow Transplantation

Asma Al-Zougbi, MD
Associate Professor
Division of Endocrinology

Brittany Bettendorf, MD
Clinical Assistant Professor
Division of Immunology

Benjamin Davis, MD, PhD
Clinical Assistant Professor
Division of Immunology

Amy Dowden, MD, MME
Clinical Associate Professor
Division of Immunology

Mary Beth Fasano, MD, MSPH
Clinical Professor
Division of Immunology

Isabella Grumbach, MD, PhD
Professor
Division of Cardiovascular
Medicine

**Bharat Kumar, MD, MME,
FACP, RhMSUS**
Clinical Assistant Professor
Division of Immunology

Brian O'Neill, MD, PhD, FHRS
Assistant Professor
Division of Endocrinology

Sneha Phadke, DO
Clinical Assistant Professor
Division of Hematology,
Oncology, and Blood and
Marrow Transplantation

Amal Shibli-Rahhal, MD
Clinical Professor
Division of Endocrinology

Grerk Sutamtewagul, MD
Clinical Assistant Professor
Division of Hematology,
Oncology, and Blood and
Marrow Transplantation

DEPARTMENT OF ANESTHESIA

Lee Kral, PharmD, CPE
Clinical Pharmacy Specialist
Pain Management

DEPARTMENT OF FAMILY MEDICINE

Denise Martinez, MD
Associate Dean for Cultural
Affairs and Diversity Initiatives
Clinical Associate Professor
of Family Medicine

DEPARTMENT OF NURSING

**Rhonda Fruhling, MS,
MHCDS, ARNP, CDE**
Diabetes Education Program
Coordinator

DEPARTMENT OF PSYCHIATRY

Andrea Weber, MD, MME
Clinical Assistant Professor

COLLEGE OF PHARMACY

**Nicole Brogden, PharmD,
PhD**
Assistant Professor
Division of Pharmaceutics
and Translational
Therapeutics

Kate Gaspar, PharmD, BCOP
Clinical Assistant Professor
UIHC

**Morgan Herring, PharmD,
BCPS**
Clinical Associate Professor
Des Moines, IA

**Jim Hoehns, PharmD,
BCPS, FCCP**
Division Head
Department of Pharmacy
Practice and Science
Waterloo, IA

**Kashelle Lockman,
PharmD, MA**
Clinical Assistant Professor
UIHC

**Jessica Lynton, PharmD,
BCPS**
Clinical Pharmacy Specialist
UIHC

**Deanna McDanel, PharmD,
BCACP**
Clinical Pharmacy Specialist/
Clinical Associate Professor
UIHC

**Emily Peterson, PharmD,
BCACP**
Clinical Pharmacy Specialist
UIHC

Kevin Schleich, PharmD
Clinical Pharmacy Specialist
UIHC

**Marie Shinkle, PharmD,
BCOP, BCACP, BCPS**
Clinical Pharmacy Specialist
UIHC

Jill Stein, PharmD, BCOP
Clinical Pharmacy Specialist
UIHC

FOOD AND NUTRITION SERVICES

Molly Webb, MS, RD, LD
Registered Dietician
UIHC

GUEST FACULTY

**Laura Borgelt, PharmD,
FCCP, BCPS**
Professor and Associate
Dean of Administration and
Operations
Skaggs School of Pharmacy
and Pharmaceutical Sciences
Aurora, CO

**Jeffrey Wiese, MD, MHM,
FACP**
Professor of Medicine
Senior Associate Dean for GME
Tulane University
New Orleans, LA

PLANNING COMMITTEE MEMBERS

COURSE DIRECTORS:

Ryan Jacobsen, PharmD, BCPS
Melinda Johnson, MD, FACP,
SFHM
Scott Vogelgesang, MD

Diana Edwards, MD
Mike Farley, PharmD, BCPS
Kate Gaspar, PharmD, BCOP
Emily Peterson, PharmD
Sneha Phadke, DO
Amal Shibli-Rahhal, MD
Kristin Stover, PharmD
Joseph Szot, MD
William Yost, MD, FACP

REGISTRATION

2019 PROGRESS - *Learning Together in the 21st Century*
Graduate Iowa City Hotel

PLEASE PRINT CLEARLY

Name _____
Address _____
City _____
Degree _____ State/ Zip _____
Primary Specialty _____ Phone _____
E-mail _____
Company or Business Name _____

For Office Use Only PN 29400

A late fee of \$75 will be added for all registrations made after September 13, 2019.

REGISTRATION FEES

Physician @ \$415			\$ _____		
Physician 1 Day Only @ \$255	<input type="checkbox"/>	Thursday	<input type="checkbox"/>	Friday	\$ _____
Pharmacist/Allied Health Professional @ \$225			\$ _____		
Pharmacist/Allied Health Professional 1 Day Only @ \$125	<input type="checkbox"/>	Thursday	<input type="checkbox"/>	Friday	\$ _____
Resident in training @ \$135			\$ _____		
Resident in training 1 Day Only @ \$70	<input type="checkbox"/>	Thursday	<input type="checkbox"/>	Friday	\$ _____
Student @ \$100			\$ _____		
Student 1 Day Only @ \$55	<input type="checkbox"/>	Thursday	<input type="checkbox"/>	Friday	\$ _____

- Check here if you are a member of ACP
- Check here if you are a member of SHM
- Check here if you plan to attend the ACP Awards Reception and Early Career Physician Social
Thursday, 5:00 pm
- Check here if you plan to attend the SHM Dinner, Chapter Awards, and Business Meeting,
Thursday 7:30 pm

Registrations after September 13, 2019 add \$75. \$ _____
TOTAL \$ _____

For additional information call **319-335-8599** or visit us online at medicine.uiowa.edu/cme/.

Method of Payment

- I have enclosed a check made payable to **The University of Iowa** in the amount of \$ _____

TWO WAYS TO REGISTER

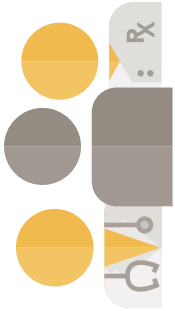


Online: medicine.uiowa.edu/cme/ and click on Upcoming Programs



Mail (For Checks only): University of Iowa Carver College of Medicine
Continuing Medical Education Division
100 Medicine Administration Building
Iowa City, Iowa 52242-1101

The University of Iowa requests this information for the purpose of processing your registration. No persons outside the University of Iowa are routinely provided this information.



2019 *Learning Together in the 21st Century*

PROGRESS

Educating health care providers together to improve interprofessional patient care.

Allergy/Immunology
Endocrinology
General Internal Medicine
Hematology/Oncology
Hospital Medicine

**THURSDAY AND FRIDAY
SEPTEMBER 26-27, 2019**

GRADUATE HOTEL IOWA CITY
210 S. Dubuque Street
Iowa City, Iowa



BIG TEN FOOTBALL

Iowa vs. Middle Tennessee State
Saturday, September 28



**UNIVERSITY OF IOWA
CARVER COLLEGE
OF MEDICINE**

University of Iowa Health Care

Continuing Medical Education

100 Medicine Administration Building

Iowa City, Iowa 52242-1101